

# YOUR SPRING VALLEY LAKE ASSOCIATION'S OFFICIAL MONTHLY NEWSPAPER FOR THE JEWEL OF THE HIGH DESERT

March 2018 Ads: 760-220-7096



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(PG. 8-10)



#### Spring Valley Lake Contact Information

#### **Management Staff**

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Lisa Hartley: lhartley@svla.com
Director of Operations
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#### **Board of Directors**

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Vice President Amy Stanton
Secretary Christopher Huntingford
Treasurer John D. Smith
Director Loran Keith
Director Robert McCoy
Director Stephen Orr
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Mailing Address: 7001 SVL Box Spring Valley Lake, CA 92395-5107 Association Office: 760-245-9756 Fax Line: 760-245-3076

Website: www.svla.com





Association office hours: Tuesday – Friday 7:30 a.m. to 6:00 p.m.

Public Safety: 12975 Rolling Ridge Drive Spring Valley Lake, CA 92395 Open 24/7/365 Direct Line: 760-245-6400

Additional Services: Architectural/Code Enforcement: 760-245-9756 CE@svla.com Marina Hours: (October - April) 6 a.m. – 10 p.m. (May – September) 6 a.m. – 12 Midnight

Equestrian Center: 760-245-9756 12660 Indian River Drive Apple Valley, CA 92308 Arena Hours: 8 a.m. - 10 p.m.

In Case of Emergency dial: 911

Emergency Contact #s: SB County Animal Control: 800-472-5609 A.V. - 760-240-7000 x7555

Apple Valley Fire Protection District (Equestrian Estates): 760-240-7618

Apple Valley Sheriff Station (Equestrian Estates): 760-240-7400

SVL Fire Station (Lakeside): 760-245-1100

California Highway Patrol: 760-255-8750

San Bernardino County Sheriff's Department: 760-245-4211

**Numbers FYI:** 

County Code Enforcement Violations pertaining to County rules and regs: 760-995-8140

County Building and Safety New housing construction, structures built on property: 760-995-8220

(SBC) Planning Dept. 760.995.8140 Town of Apple Valley (EQ side only): 760-240-7000

Department of Public Works Water / flood control 760-995-8220

Graffiti Removal: SB County: 760.995.8140 Apple Valley: 760-240-7000 x7560

San Bernardino County Environmental Health Services (Vector Control) 800-442-2283



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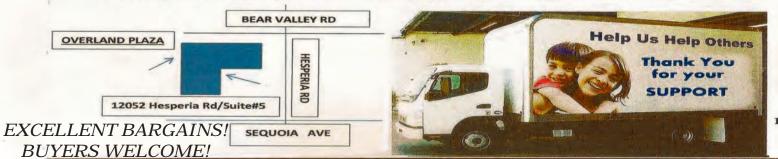
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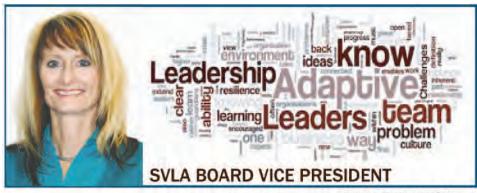
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SVLA Breez



**AMY STANTON** 

#### **VOLUNTEER & ELECTION NEWS**

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in." — Unknown

The Board of Directors and the Staff of Spring Valley Lake Association wish to express their appreciation for the valuable contributions of the following dedicated committee members:

Carmen Aquirre **Stewart Anderson** Joyce Ashley Robert Beckelymer Myron Becker Rob Cappella Jim Carr Carol Felix **Bob Fehlman** Sharon Fehlman Robert Gabler DeeDee Garcia **Bo Goulet Greg Hillers** Karen Hillers Larry Hoover **Barbara Krant** Vesna Lasic-Polovin Jeri Lawrence Pete Lawson

Ronda Leon

Mary Nagorr **Don Nelson** Karina Rodriguez **Rory Shannon** Don Sedam **Shirley Sedam** Jennifer Smith **Bonnie Spears** Sandie Tatro **Mary Teran Linda Titus Steve Troup Carol Trulious** Dennis Verhagen Lisa Verhagen **Bill Walters Chris Watkins Cathy Westmoreland** Michael Weis **Ryan Williams** 

These individuals use their time, energy and talents to make positive changes in our community. Please join us at the next Open Board meeting on Tuesday, March 27, 2018, when we will formally recognize them for their service.

We would also like to express our respect for the six candidates who stepped up to run for the Board of Directors. Incumbent: Loren Keith, Newcomers: DeeDee Garcia, Brad Letner, Mark Sedam, Linda Titus, and Ryan Williams. Please take advantage of the "Meet Your Candidates" night on Tuesday, April 3, 2018, to get to know the candidates better. Election Day is April 28. 2018. Please look for your ballot in the mail late March and cast your vote for your community.

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

- Margaret Mead.

#### **THANK YOU VOLUNTEERS!**



#### WE OFFER VESSEL SLIP RENTALS TO ALL MEMBERS?

The Association has over 100 slips available for rent in the marina on Spring Valley Parkway. Renting one of these slips can make your summer more enjoyable. Instead of having to launch and remove your boat each time you go out on the lake, you could come down to the marina, walk out onto your boat and take off. These slips are rented for a reasonable cost of \$50 a month, \$125 per quarter or \$360 for a full year. If you are interested in taking advantage of this amenity, available to you as a member, contact the Association Office at 760.245.9756.



## Tuesdays & Thursdays 8:30pm - 9:30 pm



Certified Zumba Instructor: JoAnna Cloward 760,240,7386

ZUMBA

Open to ages 12+

Dress: Work out clothes & Tennis Shoes Workout Includes: Warm up & Cool Down

Latin Dance Cardio

If you love music and want to have a great work out Zumba fitness is for you!!

> Community Center 12975 Rolling Ridge Dr.

> > Must Bring SVL Member Card or Guest Pass for entry. Class Schedule:

#### March

03/06- Tues

03/08- Thurs

03/13- Tues

03/15- Thurs 03/20- Tues

03/22- Thurs

03/27 - No Class

03/29 - No Class

#### April

04/03-

04/05- Thurs

04/10- Tues

04/12- Thurs

04/17- Tues

04/19- Thurs

04/24 -

04/26 - Thurs



#### ALFRED LOGAN, GENERAL MANAGER

**New Residents** 



Come learn what living in Spring Valley Lake is all about!



We welcome all new residents. Please be sure to RSVP at 760-245-9756 - Ask for Naomi

#### Meet your candidate

Please come out to the SVLA's Meet Your Candidate event on April 3, 2018, at 6pm. The location will be at the Community Center - 12975 Rolling Ridge Drive. At this event you will have the ability to submit

questions for candidates to answer. There are four open Board of Director's seats and six candidates running. Please come out so that you can learn about each candidate and make an informed decision when you vote. We hope to see you all there!











Rvan Williams



Loran Keith Jr.

Iosanna Garcia

Are you concerned about the lake?

Please attend one of our lake com-

mittee meetings. We would love to

share factual information with you.

We appreciate our volunteers and

residents that contribute to the posi-

Brad Letner

Mark

Sedam

Linda I. Titus

tive development of our community. Lake Committee meetings are the 2nd Wednesday of each month at 9am. (Community Center - Palm Room).

#### **Properties Entering Escrow**

Starting in April 2018, our code

enforcement team will conduct inspections of all properties entering escrow. We believe in transparency and feel the new potential owner should receive an inspection and status report of the appearance of the home. If there is any violation on the property at the time of the inspection, we want all parties to be aware. This will resolve many concerns and give the new owner(s) an easy transition.



BEFORE AFTER





# THE SVLA BREEZE BUSINESS IN VIEW

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See page 31

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## 2018 SVL BOARD CANDIDATES

This year's election has 4 open Board of Director seats. We have one incumbent, Loran Keith, and five newcomers, Josanna (Deedee) Garcia, Brad Letner, Mark Sedam, Linda Titus and Ryan Williams. The 4 seats up for election are currently held by Steve Garcia, Christopher Huntingford, Loran Keith and Rob McCoy. Information and ballots will be mailed out in March. Ballots by mail must be returned to The Inspectors of Election (TIE) by April 26, 5:00 p.m. Elections will be held at the Community Center on April 28, 2018.

#### LORAN R. KEITH JR.



My wife Christy and our two kids moved to Spring Valley Lake several years ago because we found it to be an inviting and safe community for children and family. Playgrounds, basketball courts, baseball fields and fishing areas presented many outdoor recreation and fun options for our kids, and family members when they visit. The thought of our children being able to walk and ride their bikes on the streets and walk to friend's houses were things we looked forward to. The biggest attraction to us was the well maintained houses. From the houses themselves to the vards. there seems to be a sense of pride in having a well maintained yard here.

We have enjoyed the many amenities of living here in Spring Valley Lake. This community has been able to uphold its reputation of being the jewel of the desert, due to several of the volunteer committees and board members. I believe in the power of volunteering and the value it adds to one's life. I am an active supporter and member of the The High Desert Woodworker's Association, Woodworker's Guild of America and several other Non-profit organizations. Professionally I am a Sheriff's Deputy in San Bernardino County and I served several years in the United States Air Force.

With that being said, I have first-hand knowledge that we, as a community, are not immune to the economic, social, criminal and environmental issues that surround us. The Board of Directors have been an integral part of forging roadblocks for the Mars Nutro plant and Walmart Supercenter; as well as improving our security patrol, securing and procuring water rights, creating a plan to improve Meadowlark Park, promoting environmentally friendly water usage and proactively identifying and addressing many issues before they become serious and costly problems.

As a returning board member, my focus will be to assist in keeping our community a safe place for families; maintain a balanced budget and safe reserve fund, while keeping in mind capital improvement projects to better serve the community at the correct times. My second focus will be in the area of listening to, digesting, investigating and responding to issues brought up by community members.

I encourage ALL of our community members who are able to, get your ballots in and vote. Your decision does matter and it does count. YOUR vote is YOUR voice in how our community thrives or deteriorates.

Thank you, Loran R. Keith Jr.

#### JOSANNA 'DEEDEE' GARCIA



Hello, my name is Josanna 'Deedee' Garcia. I've lived here in Spring Valley Lake for over 15 years and currently serve as both Director of Budget & Planning and Risk Manager at Victor Valley College. As a deeply invested member of our community, I am running for a position on the board because I feel strongly about, not only maintaining, but actively improving the quality of life of my fellow residents. If elected as a Board Member, I'll aim to improve security, invest in facility upkeep and improvements, ensure fiscal responsibility, and promote a tight-knit community.

As a long-time Spring Valley Lake homeowner, my family and I are very proud to be members of this community. I've raised my two boys here and I love golfing with my husband Steve. We enjoy riding bikes around the community and participating in events such as the annual fireworks show.

I have always been a servant leader at heart and would be thrilled to give back to the community. I have served on the Budget Committee for the Spring Valley Lake Association committee for the past three years and as Chair last year. I worked with a team of SVL community oversight appointees and the association management staff to help prepare, evaluate, and present the Association's annual budget. I currently serve



## 2018 SVL BOARD CANDIDATES

#### SVL 2018 Board of Directors Election Candidates (cont.)

on the Statewide Association of Community Colleges (SWACC) Board of Directors since 2006 and serve as Vice Chair of the Human Resources Committee. I have also been a Board member of the Victor Valley College Foundation since 2006.

Given my experience serving SVL and my professional skills, I feel I can advocate for all members of the community, and work alongside the exceptional association staff to ensure the progress and improvements you see today will continue into the future.

I would be honored to be given the opportunity to serve as your next Board of Director.

#### **BRAD LETNER**



After a twenty-seven year career in the U.S. Army, Teresa and I found our "dream house" by the lake here in SVL. We love our community and are completely dedicated to keeping it a beautiful, safe, desirable place to live and raise a family.

We have lived in the Victor

Valley since 2000. My wife, Teresa, has been a teacher at Victor Elementary District for seventeen years. Our three daughters graduated from Silverado High School and from Cal-Poly Pomona. I planned to end my military career in 2000, but 9-11 changed my plans. I volunteered to return to Active Service for the War on Terror. From 2004 to 2014, I served two tours in Afghanistan, receiving a Bronze Star for service. I also served two tours at the Pentagon. While at the Pentagon, I stood up a 24/7 Wounded Warrior Hotline from scratch in less than 96 hours. I love opportunities to make things happen with limited resources.

Since my Army retirement, I've been actively engaged in our High Desert community. I'm the CEO of the Hesperia Chamber of Commerce and the President-Elect for the Victorville Rotary Club. This year I began teaching Public Speaking at VVC's dual enrollment program at Hesperia High School as a VVC Adjunct Professor.

I'm a member of the Victor Valley College Foundation President's Circle. I have served on the board of directors for the St. Mary Medical Center Foundation (2014-16) and as a Trustee of the Spring Valley Lake chapter of the Veteran's Fullerton of Foreign Wars (2014-2015). Engineeri I was honored to be selected by Assemblyman Jay Obernolte in Engineeri as the 33rd Assembly District (1992). Veteran of the Year in 2015. My go

I have a Bachelor's Degree Statistics from Western Michigan University, a Master's Communication Degree in from Spring Arbor University, and a Certificate in Project Management from UCLA Extension. I believe my strong local commitment along with my life experiences in the Army have prepared me to serve our Spring Valley Lake community. Please vote for me, Brad Letner, for the SVL Board of Directors.

#### MARK SEDAM



Hello I'm Mark Sedam. I have been an SVL resident since 2010. I enjoy living in SVL and the high desert. My parents, Don and Shirley also live in SVL. I'm a retired Aerospace Engineer (25 plus years). My education background includes a BS from California State University, Fullerton in Mechanical Engineering (1986) and MS from West Coast University in Engineering Management (1992).

My goals are to support community lead changes and improve communication and information to homeowners within the SVLA. I support the efforts of the community task force team (current Park Improvement project), the water purchase project (from several years ago), the current community efforts to form CSD (Community Service District), and I'm opposed to ANY special assessments at SVLA.

Currently part of several clubs at SVLA: Rods & Relics (Car club), SVLYC (Yacht club charter member), SVL ARC (Ham club), and Fishing/Social club.

I do community service at local community farm to raise vegetables and give the vegetables to the less fortunate (Squash4Friends). The community farms are in Hesperia and Apple Valley.

My past association experience includes 15 plus years at OC HOA as Treasurer. I'm still serving on the OC HOA board as non-resident director.

Fan of CSUF Titans (College Baseball) and international travel.



## 2018 SVL BOARD CANDIDATES

#### SVL 2018 Board of Directors Election Candidates (cont.)

#### LINDA J. TITUS



I am a proud homeowner in Spring Valley Lake. I contribute to the positive growth and development of our beautiful community by serving on the Lake and Budget Committees. My children and grandchildren enjoy the safety of our well maintained atmosphere during their visits. We attend and support our community center classes and the Spring Valley Lake Country Club.

I am a member of the Victor Valley Chamber of Commerce. I volunteer with High Desert Hospice and the Victorville city Council. I am an active member of the Community Health Action Network, Healthy Victor Valley Council, and San Bernardino County Regional Council for Aging and Adult Services.

As a retired Registered Nurse, Primary Care Physician Assistant, and Educator, I embrace and take total health seriously. I have founded my own consulting service in the Victor Valley, "Blessings

Unlimited", to assist others in developing and maintaining their mental, physical, spiritual, and social well-being.

As an elected member of the Spring Valley Lake Board, I will attend meetings and offer unbiased input. I promise to work hard to establish and develop positive relations with my fellow board members and the community at large. I will work to strengthen the bond between our multi-generational community members. I count it an honor and a blessing to be part of the Spring Valley Lake Community.

Respectfully submitted, Linda J. Titus

#### RYAN WILLIAMS



Hello, my name is Ryan Williams. My wife, Elle, and I moved into Spring Valley Lake last April with our two children Scarlett and Weston. We shopped for a home for over a year and found that the only place that felt like home was right here in Spring Valley Lake.

High Desert and am the 3rd generation to call it home. Having lived in Apple Valley and Victorville my whole life, I have seen many changes over the years. One of my main areas of focus for the community is positive and meaningful improvements wherever possible.

I am a Hospice Care Consultant for Seasons Hospice and Palliative Care. My home office is here in Victorville, and I am a member of the Victorville Chamber of Commerce. I serve on the SVLA Community Task

at the Community Center

I was born and raised in the Force which the Board assigns to examine particular areas of possible improvement and report back to the Board their findings. I also serve on the committee which is examining the feasibility of establishing a Community Service District for our community.

> I am passionate about preserving and enhancing the great community we call SVL for future generations to come. I will serve in the best interest of the whole community and all our residents.



### **2018 Board of Directors Election Calendar**

March 5, 2018  Deadline for withdrawal fro	<b>12:00 noon</b> om candidacy
March 26, 2018	"Date of Record" for Election
March 26, 2018	Notice of Meeting Mailed Out
	mmediately - Community Center -
April 26, 2018 Ballots by mail returned to	5:00 p.m. TIE P.O. Box by 5:00 p.m.
	10:00 a.m. ose of Election of Board of Directors

## Edster BRUNCH

Sunday, April 1, 2018 | 10:30 a.m. - 1:30 p.m.

\$39.95 Adults, \$18.95 Children 9 - 12, \$11.95 Children 4 - 8

Children 3 and under are complimentary

Non-Members welcome! \$47.95 per adult

Visit with the Easter Bunny from 11:00am - 1:00pm & Easter Egg Hunt at 12:00pm

Members make your reservations by March 27, 2018 and receive \$5 off per adult!



For reservations, call 760.245.5356

13229 Spring Valley Parkway, Victorville, CA 92395

Find us on Facebook @SpringValleyLakeCC, Instagram @SpringValleyLakeCountryClub, and Twitter @\_SpringValley\_





LISA HARTLEY, PUBLIC SAFETY DIRECTOR

#### **Loose Dogs**

Spring Valley Lake is a dog loving community, but sometimes some of these furry animals manage to escape from their yards and end up loose in the community. Here are some suggestions on what you can do if you wish to take responsibility for a loose dog that you found in the community.

- If the dog is friendly, check for tags to identify the dog's owner and try to get in contact if possible. If the dog is not friendly, keep your distance and call the Public Safety Department (760 245-6400) and Animal Control (800-472-5609).
- · Call the Public Safety Department to check if the owner has called reporting their dog missing. You can also take a picture of the dog to put it on Social Media. If you send the picture to the on-duty dispatcher, an Eblast will be sent out to the community advising of the found dog.
- · If the dog does not have tags and the Public Safety Department has not received any calls from the owner, then the next best thing you can do is to hold the dog at your residence until the owner does make contact with us.

· Call Animal Control to pick up the dog from your location if you cannot hold the dog at your residence.

The Public Safety Department does not have the facilities to hold a dog for any length of time. If we obtain a dog at the Community Center, we can then only release the dog back to the owner or Animal Control. Unfortunately, most of the animals we receive at the Community Center do go to Animal Control because there is no way for us to contact the owner. For safety reasons, the Public Safety Officers cannot pick up a dog from your location to bring back to the Community Center. If you think you know where the dog might belong and need assistance getting ahold of the owner, a Public Safety Officer will respond to assist. Our Dispatchers can also look up phone numbers to an address and make contact via telephone.

Please remember if you own a dog, you can get a free pet tag at the Community Center or the Association Office. Please keep your contact information up to date with the Association Office. just in case we need to contact you by phone.

#### Meet the Team

Officer Anayeli Rangel

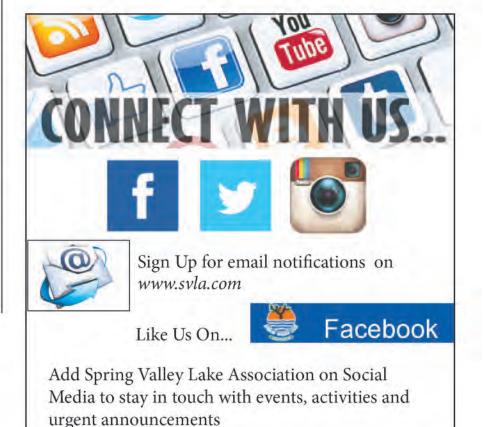


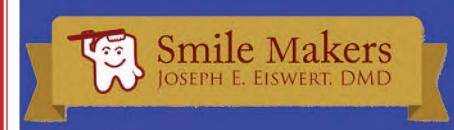
Hello Spring Valley Lake Residents!

My name is Anayeli Rangel, I'm 21 years old and I joined the Public Safety Department about 3

months ago as a part-time officer. So far, I enjoy the team work environment, the camaraderie, and assisting the residents. While with the Public Safety Department, I will continue to work hard and gain as much knowledge and experience as possible that will reward into a full time position. When I am not serving the community, I spend most of my time at school as a full time

student, going on hikes, going to the range, and spending time with my family at Disneyland. Recently I obtained an Associate's degree in Administration of Justice. As I further my education and experience, I plan to pursue a career with law enforcement. If you ever have questions or concerns, please feel free to contact me at arangel@svla.com; or if you see me out, patrolling around the community, please feel free to flag me down. I will look forward to answering your questions or assisting you. Also feel free to call me at the Public Safety Department office at (760-245-6400) and I will call you back as soon as I can.





**Dr. Joseph E. Eiswert D.M.D.**Temple University Graduate,
USAF Captain
Family Dentistry





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•ENDODONTICS/ROOT CANAL
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#### PROJECTS AROUND THE COMMUNITY

Well we keep looking ahead looking for that moment to reflect on what we have done and sharpen our tools but wow there is so much going on and so much to still get done lets jump right into it.

CARS FOR SALE, we wanted to make this a little bit easier and more open to our residents of SVL. Providing as many of you as we can the opportunity to purchase one of our used vehicles. and here is how we will do it. We will only be auctioning these vehicles on our Facebook page, so you will need to like our page to bid on these vehicles. The bids will be posted so that you can see the highest bid for each vehicle. Each vehicle will be described in detail with detailed pictures. We will not be offering test drives or open inspections as the descriptions will be complete and honest and we will not have the man power or time to accommodate everyone. The auction will post by the end of the month and allow about 20— 30 days of auction time. The winners will be contacted after the closing date. Each of these vehicles have 100,000 miles or more and we will list major

components that have been replace, for example, transmission, axles, ac compressor, steering box, etc. So if you are interested please start liking our Facebook page now so you are notified as soon as they post.

UPDATES ON PROJECTS and things since our last article. We have received a large order of Bermuda hay to fill our barn and keep the residents boarded horses full. If your not aware we do have an Equestrian Center and 2 more parks on the other side of the Mojave River which is all part of the amenities we have here at SVL. And just like renting a boat slip for your boat you can rent a stall in our barn to keep your horse. The boarding includes 3 feedings, 1 stall cleaning and fresh water each day for a reasonable price and you can find more info about this on our website. In addition to getting hay there are many other maintenance items and projects being completed monthly at the Equestrian Estates side and you can see a few more details of these items on my monthly report to the board, which again is on our website. We have completed a couple

solar panels and off grid power to light up the islands on the parkway south of Pahute Rd. These islands lost power from a



vehicle accident that took out our main panel on the parkway. we decided to go green and also save the monthly electrical cost. In addition you will see us doing the following over the next couple months:

- Trimming trees at all the parks, fishing areas and beaches areas as needed.
- Finishing the CB interior remodel that will include the Members lounge.
- Marina dock repairs and paint.
- CB1 ceiling painting.
- Rebuilding the EQ bridges.
- Installing new patio shade structures at the EQ center.

Now let's discuss the lake. You will notice that our lake flipped over which is a natural occurrence and happens 2 times per year. As water cools, it becomes more dense, causing it to sink. Which brings the top layer up with all the sentiment within the water column. (See the picture to the right). We do water testing and data taking monthly and all of this data is stored and record-

ed. The water does look muddy and that is exactly sediment particles suspended in the water which is 90% clay. And too light for gravity to pull down. We are working on a planned scheduled for our Alum treatment which is part of our water clarity program, this will be our 6 treatment since 2010. Over the years we have decreased the application time from 2 weeks down to 5 days. Our plan is to close the lake from April 9 to April 13 during the treatment. This is due to our team carrying heavy loads and they are susceptible to wakes from other boats in addition we cannot maneuver quickly and because of this, for your safety and ours we will close the lake to all activity. Just to give you a brief description of the Alum (aluminum sulfate) treatment we do. It has been adopted application as part of our lake clarity program to help improve water quality and promote lake plant growth to help balance the Eco system of our lake.

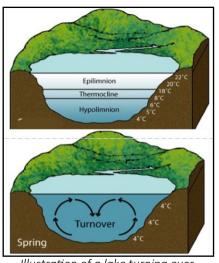


Illustration of a lake turning over

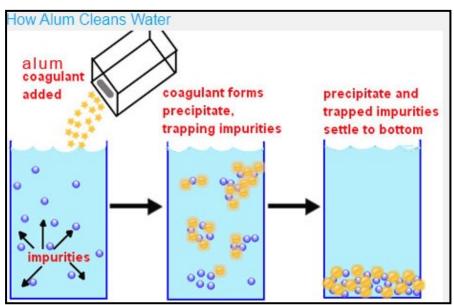


#### PROJECTS AROUND THE COMMUNITY

**UPDATES ON PROJECTS** 

**(continued)** Alum is applied in a liquid state at 80mg/L dosage and the application starts the

will be closing the Lake to any lake activity from sunset April 8 to opening 6am on Saturday April 14th.



process they call flocking which will grab phosphorus and sediment that is floating in our water and due to its density, that is heavier than water, it will sink to the bottom. It is the same process they use for dinking water treatment. Please note the dates in your calendars. We will also be sending out reminders as we get closer to the Date. During the process the water will turn an aqua blue color and immediately we will see a dramatic difference in water clarity. Again please note this in your calendar as we

Here are some common questions and answers.

## 1. Why is water treatment being conducted in Spring Valley Lake.

A: Stormwater runoff carries with it high levels of nutrients including nitrogen and phosphorus that hurt water quality and threaten marine life. Original construction also provided SVL with a high source of these nutrients from the fish hatchery. We offset this with 3x the amount of fresh water that is pumped from

our 13 wells located around the lake. SVL also loses clarity from a large amount of sediment that is continued to be turned up from boat traffic and wind action, this could be corrected with the bottom of our lake covered in vegetation.

## 2. What is being used to treat the water in Spring Valley Lake?

A: The lake committee, lake consultants along with the Board determined that alum application provided the best option as the first step to effectively treat the entire lake in a timely manner with minimal impact to Spring Valley Lake residents.

#### 3. What is Alum?

A: Alum (aluminum sulfate) is one of the most common minerals found on earth and has been used since Roman times for water purification. Alum is a common ingredient in cosmetics, antiperspirants, toothpaste, bath salts and antacids. It is sold as a spice in most grocery stores.

### 4. How does alum reduce phosphorous and sediment?

A: Once alum has been added to the lake, it binds immediately with the phosphorous and effectively removes the opportunity for algae to grow. Alum will also bind with the clay in the water. With less algae and clay in the water, light can penetrate deeper into the lake - allowing plants to grow at the bottom

while improving the overall health and water quality of the lake.

### 5. Will the lake be tested after application?

A: Yes, post monitoring of the lake quality will occur after the treatment, we also conduct monthly measuring for Phosphorous, Nitrate, PH, Dissolved Oxygen and Saturation @ depth (1' increments), Temperature @ depth (1' increments) and Transparency.

## 6. How much alum do we use and is there other lakes near by that use this same treatment?

**A:** Our treatment is approx. 74,000 gallons of pre mixed solution aluminum sulfate, this is equivalent to 2 ounces to every 121 gallons of water. During our treatment we also received 19 million gallons of fresh water as we continue to pump fresh water into our lake. Other lakes nearby are Canyon Lake which is part of the Lake Elsinore & San Jacinto watershed (drinking water) they have been treating their lake with over 77,000 gallons of alum 2x per year, to control toxic Bluegreen algae and lake clarity. At a price of around \$500,000 per treatment. Big Bear Lake did a 600,000 gallon treatment to their west end of the lake a couple years ago. If you would like more information please feel free to contact me.

# **CODE ENFORCEMENT**

#### Architectural Application

Please remember ALL changes to the exterior of your residence and landscaping are subject to review and approval

by the Architectural Committee. Your Architectural Committee meets on the second and fourth Thursday of each month. The process is quite simple and we are happy to help you at the Association Office with questions and submitting the proper information to speed your approval along. If you are not sure about the need for approval please call Eddie Vindas, our Architectural Liaison at the Spring Valley Lake Association Office (760) 245-9756. He will be happy to answer your questions.

St. Patrick's Day is an Irish religious holiday observed on March 17th for Saint

Patrick, the patron saint of Ireland. In modern times, St. Patrick's Day is also a celebration of Irish culture and is commemorated by parades and wearing the color green. People have been looking for the "pot of gold" for thousands of years, kissing the Blarney Stone, and chasing cute little Leprechauns. Mostly on this day, gallons of green beer are consumed all over the world and lots of pinching goes on if you don't

wear green. Speaking of holidays, we have finished our sweep of Christmas decorations still up, and we're happy to say that very few were found. Those of you that still have lights up, please remove them. Great job to all residents of the community.



Spring is such a wonderful time of the year. Everything comes alive

and we see all the beauty open up. The flowers begin to bloom, the trees start to fill in, and everything that can, turns green. Birds start singing and wild life wake up from their winter sleep. We look around at our homes and begin to do our yearly Spring Cleaning. On March 20th we will welcome spring into our lives. Volunteer and join our SVL committees on April 21 for Community Clean Up day. See the flyer in this Breeze issue

#### Parked Cars

Lately we have had an increase of vehicles parking on their landscaping or parking in driveways for more than 72 hours. Please review the Architectural Policy. It is available in the Association office and on our website at www. SVLA.com. Knowing the rules will keep you from receiving notices in the future.



Leaving your vehicles in the driveway more than 72 hours is against the rules. We are getting calls regarding old cars left in driveways for months, and it does not look good at all.

Parking on your landscaping is not allowed at ALL. Vehicles parked on landscaping for whatever reason are subject to notices being sent.

#### Have a Great Month Everyone! ~ YOUR CODE ENFORCEMENT TEAM



Hunt begins promptly at 9:00 am. For more info call 760.245.9756

Bring your camera & Easter baskets!

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#### Winning Fitness- Risky Business

by George Mangum, Director of Fitness

Let's face it. We respond more readily to loss than we do gain. Research over the past several years found that people are more willing to respond if they are about to lose something rather than if they are about to gain something. In this case, loss is greater than gain. At Heritage, our members regularly hear, "Put yourself to the test, not at risk." When we do not have a vigorous, exertion-driven FITness lifestyle, we put so much at risk and suffer unnecessary loss. For example, in one of my own research studies and seminars, if we are not putting ourselves to the test, we risk bankruptcy and the loss of everything. In a 2014 study, researchers pointed out that most people go bankrupt due to medical costs they accrue, and we know that most medical costs could be avoided with a more active FITness lifestyle. That's risky business. Next, when we don't put ourselves to the test, we risk higher rates of obesity, cancer, heart disease, and diabetes (forms of metabolic syndrome), and we lose time,

money, and a fuller life. I don't know about you, but I prefer a couple hours per week of vigorous workouts vs. a 24/7 battle against the aforementioned conditions. It's better to "lose" some time at the gym rather than lose years off of our lives. Listen, I hate working out, but I hate these metabolic issues more. Finally, avoiding "the test" puts us at risk emotionally. The Mayo Clinic routinely encourages Americans to "put themselves to the test" so as to avoid serious, life-threatening attacks of depression and anxieties. Nobody says that FIT people always have perfect days, but what they do have is a risk-insurance plan called FITness that keeps them going at longer and stronger levels, keeping the ugly condition of risk and loss in their places. Please consider, today, to put yourself to the test rather than placing yourself at risk. If you're company or group would like to host a WIN Clinic on FITness, feel free to contact me: George.Mangum@charter.net. I'll put you to the test, but help you reduce risk at the same time.



#### Different Strokes for Different Folks

by Jeri Lawrence



Bottom line, don't wait, call 911!! The mistake is thinking we are being a bother to those who serve us, or taking too much time analyzing whether or not there is an emergency. EMT's and other emergency service people go to work each day just like everyone else expecting to work. They want to answer to these emergency calls and save lives. Let them decide if your call was an emergency or not. When my husband stood up from his chair with eyes wide and an "oh my god" look while falling back into his chair, I wasted no time going through all the motions we are told to do. Smile, raise the arms, and say "chicken soup". He passed the test, however, he could not focus and lost sight in his right eye. I immediately dialed 911. And yes, he had had a stroke. Luckily, he

was transferred to the hospital in time to be administered a "clot busting" medication known as tPA. Administered by a hospital team, this procedure stopped the brain attack from causing more damage. The window for this series of injections is 3-4 hours after the beginning of the stroke symptoms. Not all hospitals have the training to administer this tPA. Perhaps you could find out if your preferred hospital can do this procedure. There are differing signs of a stroke, and time is not on your side. Act quickly and don't over think the situation. My husband's eye sight returned, and with no physical stroke disabilities, he does have some confusion and recall. Acting quickly by all of us, and getting to a hospital within that "timeline" halted this life threating stroke.

#### F.A.S.T. – Signs of Stroke Should Prompt FAST Action

- The American Stroke Association

**F – Face drooping.** Is one side of the person's face drooping or numb? When he or she smiles, is the smile uneven?

A – Arm weakness. Is the person experiencing weakness or numbness in one arm? Have the person raise both arms. Does one of the arms drift downward?

**S – Speech difficulty**, unable to speak. Is speech suddenly slurred or hard to understand? Ask the person to repeat a simple sentence.

**T – Time to call 9-1-1**. If any of these symptoms are present, dial 9-1-1 immediately. Check the time so you can report when the symptoms began.









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by Jeri Lawrence

The first Bingo Party of 2018 was a great success. Club President, Lonnie Keeter and VP Mel Wolf used "high tech" to call the bingo numbers. It was a learning and getting used to adventure that we look forward to again in May. Members enjoyed the hot dogs being served up by Mike Conroy and Mike Christie. We

filled the room with laughter and winners in bingo, opportunity drawings as well as membership drawings. Join in the fun with the oldest and largest social club in SVL. Call Carol Grace, club treasurer, at 760 243-8014 and she will get you on the club roster.





by Jeri Lawrence

The Planning Committee is hosting a Community Clean-up Day on April 21st. You don't need to sign up to help, just show up to help. We are meeting at 8:30 a.m. in the south parking lot at the SVLA Community Center. We will have coffee and light breakfast items to get you started. Bring the kiddies and make this a family exercise day. Last year we were out and about for a few hours and gathered quite a

bit of trash items. There will be bags, gloves and grabbers for all volunteers making the task easier and cleaner. Enough cannot be said for pride of community and bringing members together to show support for these types of events.

We are in the talking stages for an event for October. Community information, and health awareness will be the topics for this event. Stay tuned.



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Victoria Martin is an active member of the State Bar, licensed to practice law in California. CA Bar # 277116.

## YOU'RE IN

Spring Valley Lake Association & Spring Valley Lake Country Club invite you to

Come learn what living in Spring Valley Lake is all about!

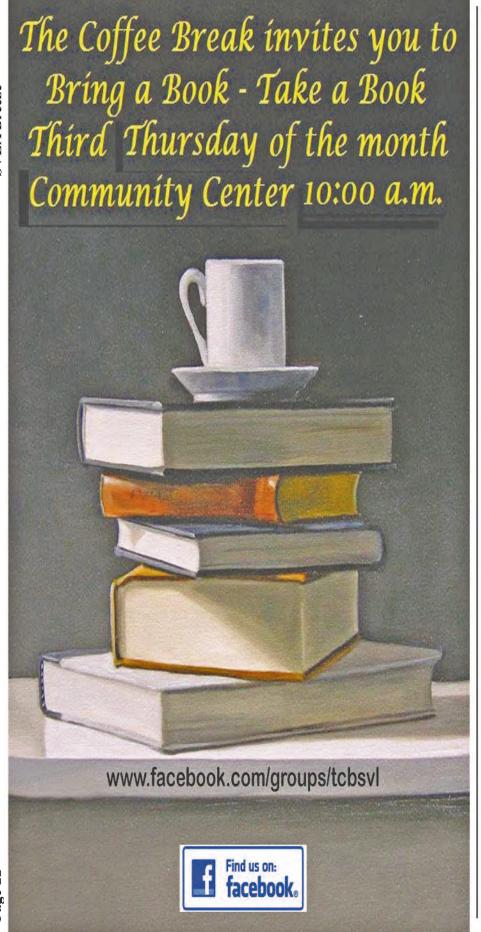
Thursday, March 22, 2018 at 5:30 p.m.

Complimentary hors d'oeuvres, wine and beer PLUS giveaways!

New owners with tenants, please pass this invite along.

Please call to confirm your attendance by March 15, 2018 | 760.245.9756 x.120

Spring Valley Lake Country Club | 13229 Spring Valley Parkway



## It's time for a Coffee Break!

## THUR\$DAY March 15, 2018 at 10:00 a.m.

Join us for our monthly meeting in the SVLA Community Center CB1
Learn about the upcoming Board of Directors election and meet some of the candidates

FREE Keurig Coffee and Tea Bring sweet treats to share

We also invite you to participate in our monthly Book Exchange! (bring a book - take a book)

For further information Contact: Dennis Verhagen 760-243-2128

Find us on Facebook!

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909-944-9442

beltone.com

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Rancho Cucamonga

#### Dr. Amy, a SVL resident, is your neighbor! Make a vet appointment with her at

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## The Coffee Break



You are invited to join us on the third Thursday of the month at 10:00 a.m. in the Community Center for a Coffee Break!

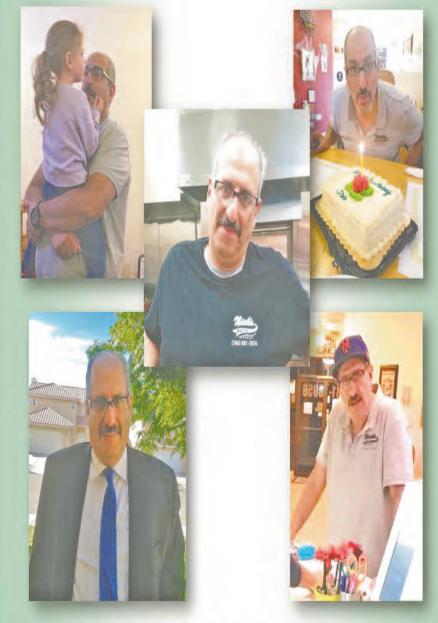
Two members of the SVLA Board of Directors joined us at our February meeting, along with Steve Samaras, Director of CSA 64 and Rory Shannon, chairperson for the proposed SVL CSD

For more information, contact: Dennis Verhagen at 760-243-2128

Search FACEBOOK www.facebook.com/groups/tcbsvl



# The Coffee Break Wishes Dirar Ibrahim a Speedy Recovery! Get Well Soon "Joe"



Find us on Facebook: https://www.facebook.com/groups/svlcg



# BIKE SAFETY RODEC



Eagle Scout Project By: Joseph Cook

10:00 AM - 1:00 PM

Meadowlark Park 12975 Rolling Ridge Dr.

ALL AGES WELCOME!

Raffle

Come Learn About:

**Light Refreshments** Provided!

\*Bike Safety \*Road Safety \*Bike Maintenance effirst Aid



Must register no later than April 17, 2018: \$10 per person until April 6, 2018 \$15 per person April 7-April 17, 2018

foy

SPACE IS LIMITED... SIGN UP EABLY!! All children must be accompanied by an adult for the entire duration of camp out. You must provide your own camping gear (tent, sleeping bags, personal items, etc.)

REGISTRATION PAPERWORK CAN BE ACCESSED ON OUR WEBSITE OR PICKED UP IN THE ASSOCIATION OFFICE

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OR EMAIL: LoveMediaGroup@yahoo.com



#### ASSOCIATION OFFICE HOURS

#### CLOSED MONDAYS

OPEN TUESDAY THRU FRIDAY 7:30 A.M. - 6:00 P.M.

3/17	SVL Little League Opening Day		MLP
3/20	EE Committee Meeting	6pm	EECH1
2/20	Community Task Force	5:30pm	
3/22	Architectural Committee	4pm	PVR
3/26	BOD Executive Session	6pm	PVR
3/27	BOD Open Meeting	6pm	MLH
3/31	Easter Egg Hunt	9am	WB
4/3	Citation Committee	5:30pm	PVR
4/3	SVL C.O.P.'s	5:30pm	MLH
4/3	Community Task Force	5:30pm	
4/6	Lion's Club Poker	7pm	MLH
4/11	Lake Committee Meeting	9am	PR
4/11	Neighborhood Watch Workshop	5pm	MLH
4/12	Architectural Committee	4pm	PVR

Boat Test for Vessel Operator's Permit occurs Daily at 9am in CB4

SVL Clubs	
CLUBS	FACILITATOR+ CONTACT
Amateur Radio Club - 1st TH, 7pm PR	George Ellison NOGWE 818-585-5759, george@4mailservice.com
Boy Scouts Troop 2226, 2nd, 3rd 4th M, 6pm, PR	C.J. Cook 760-887-6200
Cub Scout Pak 26 , 2nd, 3rd 4th M, 6pm, MLH	Britt Imes 760-900-3897
The Coffee Break Club-3rd TH, 10am-12pm MLH	Dennis Verhagen 760-243-2128, thecoffeebreak@earthlink.net
Lions Club Poker - 1st F, 7pm MLH	Don Nelson 760-964-7552
Rods & Relics Club - 2nd SAT, 8am PVR	Don Sedam 760-955-6052
BSA Venture Crew 257, TH 6:00pm, PR	Colby Hillers 760-900-6383
Sewing Bee's - 1st & 4th W, 9:30am - 2pm PR	Virginia Granados 760-245-7801
Social & Fishing Club - Varies, MLH	Lonnie Keeter 760-843-9232
Veterans Club - 4th W, 6-7:30pm, PR	Gary Hunt 760-265-3349

Yacht Club - 3rd TH, 6-8pm MLH

SVL Recreational Class	es			
CLASS	DAY	TIME	LOC.	Instructor
Bocceball / Horseshoes	M.W.F	8 - 11am	MLP	Raul Paz 760-245-6311
Group Exercise (Body Express)	M,W,F	8 - 9am	MLH	Jace Knisely 760-628-6416
Power Yoga	T/W	6:30pm-7:30pm	PR/ MLH	Jace Knisely 760-628-6416
Line Dance Beginner/Intermediate.	M	9:10-10:10am 10:10-11:40am	MLH	Su Kim 760-241-8823
Line Dance Ultra Beg./ Beg./Easy Intermediate	T	8-9am, 9-10am 10-11:30am	MLH	Su Kim 760-241-8823
Arthritis Exercise	T,TH	8 - 9am	PR	Dottie Schiller 760-243-4697
Zumba	T,TH	8:30pm-9:30pm	MLH	JoAnna Cloward 760-240-7386

Brian Bickhart 760-403-5085

SVL Committees			
COMMITTEES	COMMITTEE CHAIR	MONTHLY	TIME/LOCATION
Citation Committee	Don Nelson	1st Tuesday	5:30pm PVR
Community Task Force	Rory Shannon	1st Tuesday & 3rd Tuesday	5:30pm 5:30pm
Equestrian Estates Committee	Karina Rodriguez	3rd Tuesday	6pm EECH1
Lake Committee	Rob Cappella	2nd Wednesday	9am PR
Architectural Committee	Carol Felix	2nd & 4th Thurs.	4pm PVR
Community Plan Committee	Beau Goulet	3rd Thurs	4:00pm PVR

Abbreviation	Name/Location of Facility
MLH - Meadowlark Hall	Community Building 12975 Rolling Ridge Drive (Great Room)
PR - Palm Room	Community Building 12975 Rolling Ridge Drive (Small Room)
PVR - Parkview Room	Community Building 12975 Rolling Ridge Drive (Conference Room)
EECH1	Equestrian Estates Clubhouse, 12660 Indian River Drive, Apple Valley
MLP	Meadow Lark Park, 12975 Rolling Ridge Drive
WB	West Beach, 13230 Country Club Drive
EB	East Beach, 13244 Country Club Drive







#### The SVL Veterans Club

(a 501(c)3 organization)

We invite you to join us for our March meeting.

As we move forward with plans for a Veterans Monument,
we seek input on design options and encourage your input.

Wednesday, March 28, 2018, at 6:00 p.m.

SVLA Community Center located at 12975 Rolling Ridge Drive Spring Valley Lake, California 92395

You can email us at sylveterans@gmail.com
or find us on Facebook
SVL Veterans Club

https://www.facebook.com/groups/SVLVeterans/



## SILE VALLEY OF SILE OF

## COMMUNITY CLEAN UP

Saturday, April 21, 2018 8:30 a.m. to 11 a.m.

Join your community friends and neighbors for this event that includes SVL Lakeside and Equestrian Estates.

All bags, gloves and "grabbers" will be provided.

Areas will be assigned.

Light refreshments.



Meet at Meadowlark Park in the South parking lot

## BUSINESS IN VIEW



#### VICTORIA P. HERRICK

Attorney at Law

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**Mark Sedam** 



**Ryan Williams** 



Brad Letner Army Lt Col, Retired



Deedee Garcia
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Mark Sedam
Aerospace Engineer,
Retired



Ryan Williams
Hospice Care
Consultant

#### Shared Values & Goals

- Safe Community
- Sound Finances
- Useful & Attractive Amenities
- Aggressive Debt Collection
- · High Quality of Life
- · Strong Property Values
- Fair Code Enforcement
- Road Improvement

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