

# BREELSE BREELSE

September 2017 Ads: 760-220-7096

Attention Spring Valley
Lake Property Owners:
Please Fill Out and Return
the Request for
Annual Notice of
Address, Representative
and Rental Status Form
(pg. 5)

#### INSIDE THE SVLA BREEZE

| Board Reportpg 4               |
|--------------------------------|
| Did You Knowpg 4               |
| GM Reportpg 6                  |
| Operationspg 8-9               |
| Public Safetypg 10             |
| Concert Snapshotspg 12         |
| Planning Committeepg 13        |
| Community Servicespg 16        |
| Winning Fitnesspg 17           |
| SVL Veterans Clubpg 17         |
| Fishing & Social Clubpg 18     |
| In Memory of Bob Teranpg 20    |
| Coffee Break Clubpg 20, 24, 26 |
| SVL Country Clubpg 22          |
| Yacht Clubpg 25                |
| Community Eventspg 28          |
| Family Luau Snapshotspg 30     |





#### **Spring Valley Lake** Contact Information

#### **Management** Staff

Interim General Manager
Alfred Logan: alogan@svla.com
Interim Director Public Safety
Lisa Hartley: lhartley@svla.com
Director of Operations
Dennis Teece: dteece@svla.com
Director Administration & Human Resources
Jeaneen Beam: jbeam@svla.com
Accounts Manager
Dee Dee Walker: dpoudrier@svla.com

#### **Board of Directors**

President Stephen Garcia
Vice President Amy Stanton
Secretary Christopher Huntingford
Treasurer John D. Smith
Director Loran Keith
Director Robert McCoy
Director Stephen Orr
Board Email: board@svla.com



SVLA Breeze PO BOX 1079 Helendale, CA 92342 Advertising: 760-220-7096

**Publisher** Jaime Earl

Published monthly at: Silver Lakes PO Box 1079 Helendale, CA 92342

Advertising Email contact:
LoveMediaGroup @yahoo.com

The acceptance of an ad in the SVLA Breeze does not constitute approval of SVLA Breeze or Spring Valley Lake Association, but it is solely the view of the advertisers. Letters to the Editor and articles submitted by Spring Valley Lake residents do not necessarily reflect the opinion or the endorsement of the publishers of SVLA Breeze or Spring Valley Lake Association but rather are the responsibility and opinions of the authors of those articles. SVLA Breeze will always try to give equal time to those who submit to us articles or letters with a differing opinion than the articles featured in this paper. Any ad placed with Love Media must contain a sponsor, a product or announcement. The exception to the rule would be a person running for political office. Ads of complaints against the Association or any business, or personal attack ads will not be accepted. SVLA Administration Office 13325 Spring Valley Parkway Spring Valley Lake, CA 92395-5107

Mailing Address: 7001 SVL Box Spring Valley Lake, CA 92395-5107 Association Office: 760-245-9756 Fax Line: 760-245-3076

Website: www.svla.com





Association office hours: Tuesday – Friday 7:30 a.m. to 6:00 p.m.

Public Safety: 12975 Rolling Ridge Drive Spring Valley Lake, CA 92395 Open 24/7/365 Direct Line: 760-245-6400

Additional Services: Architectural/Code Enforcement: 760-245-9756 CE@svla.com Marina Hours: (October - April) 6 a.m. – 10 p.m. (May – September) 6 a.m. – 12 Midnight

Equestrian Center: 760-245-9756 12660 Indian River Drive Apple Valley, CA 92308 Arena Hours: 8 a.m. -10 p.m.

In Case of Emergency dial: 911

Emergency Contact #s: SB County Animal Control: 800-472-5609 A.V. - 760-240-7000 x7555

Apple Valley Fire Protection District (Equestrian Estates): 760-240-7618

Apple Valley Sheriff Station (Equestrian Estates): 760-240-7400

SVL Fire Station (Lakeside): 760-245-1100

California Highway Patrol: 760-255-8750

San Bernardino County Sheriff's Department: 760-245-4211

**Numbers FYI:** 

County Code Enforcement Violations pertaining to County rules and regs: 760-995-8140

County Building and Safety New housing construction, structures built on property: 760-995-8220

(SBC) Planning Dept. 760.995.8140 Town of Apple Valley (EQ side only): 760-240-7000

Department of Public Works Water / flood control 760-995-8220

Graffiti Removal: SB County: 760.995.8140 Apple Valley: 760-240-7000 x7560

San Bernardino County Environmental Health Services (Vector Control) 800-442-2283

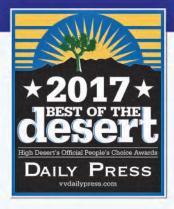


The SVLA Breeze has incorporated QR Codes into our newspaper. A QR ("Quick Response") Code is a mobile phone readable barcode. Simply point a mobile phone (or other camera-enabled mobile) at it. If the device has had QR Code decoding software installed on it, it will bring up its browser and go straight to that URL. QR Code Reading Apps are available from your Smartphone App Store.

Email Inquiries, Articles, Editorials for The SVLA Breeze to: info@svla.com

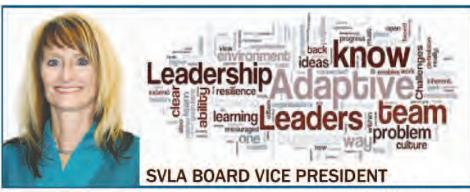
Looking for a new Primary Care Doctor?

Join a locally owned and operated, award-winning Medical Group serving the High Desert for over 27 years. With more than 25 Primary Care Providers to choose from, we can help you make the right *Choice* for your healthcare. Call us at 855-834-4855 to become a member.





760-242-7777 www.ChoiceMG.com



#### September Sentiments

#### Collaboration

The Board of Directors approved the 2017 - 2018 budget and is pleased to report that there will be NO increase in homeowner assessments for the upcoming fiscal year. This was possible because the Association's Directors and the Interim General Manager scrutinized individual line items for ways to cut spending before they put together a proposed budget. The Budget Review Committee - Dee Dee Garcia, Linda Titus, Gregg Hillers, and Rhonda Leon - analyzed the budget at a higher level, looking at trends, variances and projections. The budget process went very smoothly, thanks to the collaborative efforts of Treasurer John Smith. the Budget Review Committee, Association Staff Leadership

#### Speeding Fears

and the Board of Directors.

A sign on a college campus states "Everyone is trying to get somewhere; please be nice about it." Let's apply this idea to traveling on our neighborhood streets. Many SVL residents have expressed concern about the risk of serious accidents due to speeding. Consider leaving your house a few minutes earlier so that you can drive at a safe

#### **AMY STANTON**

speed. We are all trying to get somewhere; please be safe about

#### Gentle Nudge

The association staff is working to ensure that the high neighborhood standards desired by Spring Valley Lake homeowners are enforced. Staff understands that small items may go unnoticed by homeowners and/or that homeowners may be unaware of certain requirements. For some small items, staff will leave door hangers identifying the problem. We ask that homeowners think of this as a gentle reminder, rather than as an annoyance. This is an extra step the staff does not have to take. We also ask that when homeowners receive a door hanger, courtesy notice and/or a citation that they keep the Association informed, especially when there might be a delay in resolving the problem. This will reduce frustration, unnecessary paperwork and appeals.

#### Community Loss

Bob Teran passed away after a short battle with an aggressive form of leukemia. Bob and Mary have been active community members, both socially and as leaders. Most recently, Bob served as Chair of the Architectural Committee. Mary has served as Secretary of for years. Spring Valley Lake friends and neighbors send condolences to the Teran Family.

#### Gratitude

Thank you to all of you who the Equestrian Committee make Spring Valley Lake a better place by serving on committees, reporting concerns, maintaining your property, sharing information, and simply being neighborly.



#### THERE ARE 12 DIFFERENT KINDS OF FISH IN OUR LAKE?



The most common ones you hear talked about are Trout, Catfish, Bass and Carp, but there are many others that reside in our lake. A few of the other types are Bluegill, Crappie, Minnow, Shad and several different kinds of Sunfish.

You can download a handout on our website listing all the fish types and learn a little bit about each at www.svla.com, under the Amenities tab click on lake and scroll to the bottom of the page.

# ATTENTION ALL SPRING VALLEY LAKE PROPERTY OWNERS

Please fill out and return this Request for Annual Notice of Address, Representative and Rental Status

Civil Code, Section 4041 requires each owner of a separate interest to provide written notice to the Association of all the following information annually. Please provide the information in the form below and return the completed form to the Association within 30 days. If the requested information is not provided, the property address of the Owner's separate interest will be used for notices.

| . The address or addre                  | sses to which notices from | the Association are to be delivered.   |
|---|----------------------------|--|
|   |                            |  |
| 2. An alternate or second<br>delivered. | dary address to which noti | ces from the Association are to be   |
|   |                            |  |
|   | er person who can be con   | ive, if any, including any person with<br>tacted in the event of your extended |
| I. Is the separate interes              | st                         |  |
| Owner-occupied? Undeveloped?            | O Rented out?              | O Developed, but vacant?   |
| 5. Member Name                          |                            |  |
| Property Address                        |                            |  |
|   |                            |  |

Return this form to:
SPRING VALLEY LAKE ASSOCIATION
7001 SVL BOX
13325 SPRING VALLEY PARKWAY
SPRING VALLEY LAKE, CA 92395



#### ALFRED LOGAN INTERIM GENERAL MANAGER

#### Seasonal Employees

I would like to send out a big thank you to our seasonal employees. As a yearly goal, we always strive to improve our services during the summer and I must admit that this was one of our best years. One contributing factor to our summer staff's success had a lot to do with our leadership team. Our lifeguard supervisor was outstanding and exceeded our expectations. Great job Tyler Bennett! Also, our Interim Director of Public Safety Lisa Hartley stepped up to the plate and led the Public Safety team through a successful summer.

In addition, I would like to thank our maintenance and administration team. Our maintenance team was outstanding and responded to requests for repairs / maintenance immediately. Our mechanic kept our equipment and vehicles operable. The administration staff experienced an increase in resident requests for services and delivered outstanding customer service. Thank you all for getting the job done and working as a team.

#### A Reminder To Our Residents

As a reminder, please contact me with your concerns. I return all phone calls, e-mails and meet with residents on a regular basis. I also want to encourage all residents to attempt to contact the department director regarding their subject of concern. Each department director is highly qualified to answer and resolve your concern(s). In the event that you still have a concern after attempting to resolve a matter, know that I'm here to set up a meeting with you. We are dedicated to resolving residents' concerns and continuing to improve your community.

#### **Annual Disclosures Packets**

Your annual disclosures for 2017-2018 were completed and have been sent out for mailing to all property owners. Please look out for them in the mail starting the 1st week of October. You can also find it on our website at www.svla.com under Financials in the Association tab or copies will be available at the Association Office after October 1.

#### **Code Enforcement**

I would like to thank our Code Enforcement team. They are working hard and we are already noticing a difference in the community. The number one complaint that I've received is trash cans being left out. Trash cans must be put away after trash day and must be out of view from the street. If your trash can is left out,

you will receive a courtesy notice.

Our team understands that there is a possibility that we are identifying violations that may have been missed or overlooked in the past. One concern that we have been made aware of is that there are some residents that are upset because they purchased a home in the past and are now being notified of violations. The question that was raised from several homeowners was "Why am I responsible for the maintenance / repairs that the old owner failed to do?" Here is my answer: Generally, you are buying the property as is. All conditions that are known by an owner should have been in your disclosure packet. If you purchased your property using a real estate agent, one of the required documents that

you were asked to review and sign was a recommendation to obtain a property inspection. A professional property inspector would have pointed out most cosmetic external areas of the home that is in need of repair and maintenance. Our Code Enforcement team will also provide an inspection of a property with the intent to identify SVLA violations. So, if you are a real estate agent representing a buyer or seller, a buyer or know someone buying in SVLA, please request a free inspection from our Code Enforcement team before escrow closes. We hope this new available request will help. We want all residents to know that we appreciate your compliance and your communication. Remember, our goal is compliance not citations.

"Everything we do has one purpose – to make Spring Valley Lake the community of choice and the Jewel of the High Desert."



### Jonathan's PHARMACY

- Exceptional Service
- •Competitive Prices
- •All Insurance Plans
  Accepted
- •NOW Authorized Retailer
- •Diverse Over the Counter Selection
  - Quality Gift Items
  - •Organic or Natural Products
  - •Immunizations Flu,
  - Pneumonia, Shingles
    •Vitamins, Supplements,
  - Skin Care + Hygiene, Homeopathics,
  - Aromatherapy, Food, Snacks, Drinks



We Z Welcome New ZPatients!

#### BRING THIS AD IN AND RECEIVE \$10 OFF

Any in-store,
non-prescription purchase
With a new or transferred prescription.
One coupon per customer.

Located in the Apple Bear Center

19341 Bear Valley Road, Suite 103 Apple Valley, CA

(760) 983-2599

Fax (760) 983-2662



#### MEDICARE'S OPEN ENROLLMENT OCT 15 - DEC 7

This is the time of year to: **ADD, DROP OR CHANGE** your plan!

Get ready for 2018 Medicare Options



#### **CALL TODAY!**

Office: 760-475-0134

Cell: 951-722-9404

E: lbakerinsurance@gmail.com www.bakerinsuranceservice.com

Baker Insurance Service

Linda Baker

Your Medicare Insurance Specialist

# **Association Discount**

Get the discount you deserve! Association Discounts are available for your Homeowner's Insurance.

We represent the top insurance companies in the Nation. Allow us to review your current coverage to make sure you are receiving ALL the discounts available to you!

Call us today to speak to one of our knowledgeable insurance agents.





- Homeowners Insurance
- Auto Insurance
- Boat Insurance
- Watercraft Insurance
- Special Event Liability

17177 Yuma Street Victorville, CA 92395 Lic. 0C26179

Phone: (760) 241-7900 Web: www.isu-armac.com

One Responsible Source<sup>TM</sup>



#### PROJECTS AROUND THE COMMUNITY

Last month we talked about the progress we are making on the approved park improvements and to keep you up to date. Our architect is working on the Topo and construction documents. As soon as those items are complete, we will go out to bid for Phase 1 of the Park. We did walk the park last month with the Architect; and the great news is that we will be able to save most of the existing shade trees, even with all the new amenities we are adding in the park.

One of the other items the Board has approved for us to work on, starting Mid October, is re-organizing some rooms in the Community Center to accommodate a media/lounge room open for members to use without reservations. This room will be set up and decorated like a living room. In the picture below it shows the room will be named Primrose Room and is shaded in pink. To open this room I will list the uses of current rooms and changes just to explain what

we are doing to the Community Center to accommodate the use.

The room shaded in green is currently for club storage and lost and found. This room will be converted into a changing room for our Public Safety officers, which has been a need for some time.

The room shaded in blue, The Lodge, is currently being used for SVLA and COP storage, as well as lost and found. It will be divided into 3 rooms to accommodate SVLA event and C.O.P. storage, lost and found, an employee break room, and a 3rd portion being used for club storage.

Some of the other projects we have going on and up coming is tree trimming, we have been scheduled to trim dead branches, clear heavy limbs and remove mistletoe from trees around our common areas. We have just

finished some new gates for the East and West Beach to replace

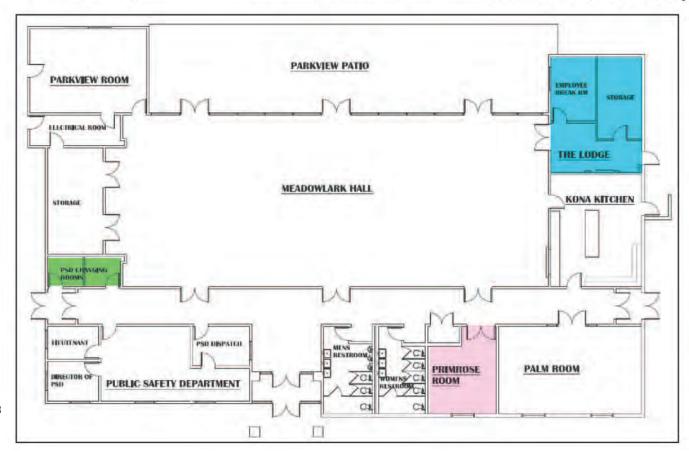


the broken wrought iron gates that are there now. We are also finishing up 2 more drinking fountains with the pet bowl that will be installed at FA4 and FA6.

I also wanted to talk about the 5-Exercise Station installed around the lake. We would like to thank board member Steve Orr and Heritage Victor Valley Medical Group for donating these exercise stations. We have installed instructions at each station with a plaque.



 Fishing Area 4 (Spring Valley Parkway) - Horizontal Ladder





 Fishing Area 8 (Lakeview Dr. & Tahoe) - Step up



• Fishing Area 9 (Lakeview Dr. north of Harbor) - Parallel Bars

• Fishing Area 10 (Lakeview Dr. south of Harbor) -Pull up Bars



• Fishing Area 15 (Country Club Dr.) - Leg lifts

Around the lake once is 3.1 miles. Be safe, stay healthy and enjoy the community. The equip-

ment can get hot during the day so please be careful and use the equipment per the



Thanks again to Heritage Victor Valley Medical Group. The above satellite picture of the lake, points out the locations of the exercise stations.

instructions listed at each station.

On that note, we do have drinking fountains currently at fishing area 10 and fishing area 8 and will add another drinking fountain at fishing area 4. We also have 10 additional pet friendly drinking fountains in production that you will see installed at our common areas including Meadowlark

Park. The beach will also receive new drinking fountains but without the pet station of course.

These projects are just some of the projects that we have had in the pipeline along with our normal maintenance scheduled items and emergency items we take care of on a day to day basis.

#### **NEW SHADE STRUCTURES**

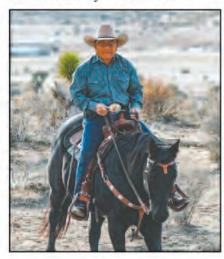


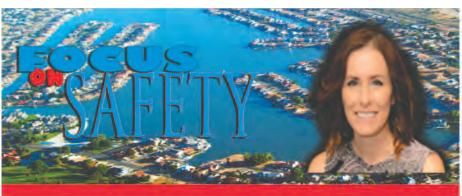
We plan to get started on installing shade structures over the picnic areas at fishing area 10 and fishing area 8. They are 12' x 14' cedar gazebo with aluminum roof. The cedar will need to be re-stained every 7-10 years, but because it is cedar and aluminum they should last over 20 years before our reserve study shows them needing replacement. We have quickly made a photo rendering of what the gazebo's will look like installed with stack stone bases and LED lighting. The photo rendering above is fishing area 10. Fishing areas 4, 12 and 15 will also be scheduled to receive the same shade structures once we complete the installation of these first 2.

At the Equestrian Estates we have 2 of these same shade structures that will be installed near the main arena to replace the existing gazebo that is in need and up for replacement per our re-

serve study. We have also been working with the EQ committee for hay orders as we get ready to place some large order to fill up our hay barns for the boarded horses at our barn.

I would also like to take a moment to remember Bob Teran who recently past away. He always showed a huge heart to help others and to serve our community as he did on several committees and clubs in Spring Valley Lake. He will surely be missed.





#### LISA HARTLEY, INTERIM PUBLIC SAFETY DIRECTOR

Reminder, starting on September 5th the lake closes at 10 p.m. Please remember the maximum speed limit on the lake shall be five miles per hour (no-wake) starting at sunset daily.

#### Farewell to seasonal employees



September 4th was the last day with our Seasonal Officers and Lifeguards. I want to thank them for all the hard work they put in during our season to help keep all the amenities at Spring Valley Lake safe for the residents. The Seasonal Officers and Lifeguards have to learn and remember a lot of information during the summer season. They are vital to helping our full-time staff with the extra activities that go on during the season.

With lifeguards no longer on duty at the beach area, residents, please be careful and mindful of

your children when down at the beach area. The Public Safety Officers will still be out checking for Spring Valley Lake ID cards or guest passes, so please remember to have them with you.

This was also the first season for the life jacket loaner program and it was a success. The lifeguards rented out many life jackets this season to residents with younger children. Allowing small children that struggle with swimming to have access to life jackets has reduced the amount of times the lifeguards have had to enter the water this summer for a rescue.

#### Meet the Team Corporal Sergio Zepeda



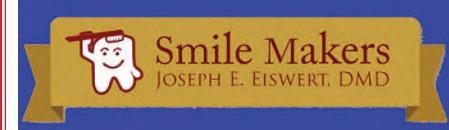
Hello residents of Spring Valley Lake. My name is Sergio Zepeda and I've been with the Public Safety Department since August of 2015. I've been working Graveyard since I started, but due to a recent promotion, I've been reassigned to swing shift as a Corporal where I play a major role in leading a busy shift. What I enjoy most about swing shift so far is that it's always busy, fast paced and most importantly that I get more of an opportunity to interact with the Community.

Before I talk about my duties and responsibilities, I want to let you know a little bit about myself. I'm 23 years old, currently in a relationship and have been blessed with a beautiful 1 year 9 month old daughter. I have recently accomplished some of my biggest personal goals like graduating from the San Bernardino County Sheriff's Level I academy and purchasing my first house. When I'm not working or volunteering my time for the Apple Valley District Police Department, I'm spending every second with my family. I enjoy being outdoors and working on my cars.

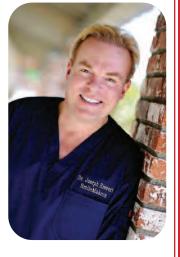
As a Corporal, I work side by side with the on-shift Sergeant and take over in leading the shift on his days off. Some personal duties/responsibilities I've acquired over the time are issuing courtesy notices, function coordinator and monitoring the bar activity. Words can't express how excited I am to have been chosen and given the opportunity to put my leadership skills and experience to the test. I look forward to all the new challenges that lie ahead as a supervisor.

If you ever have any questions or concerns please feel free to email me at: szepeda@svla.com or contact the Public Safety office (760-245-6400) to ask for me personally.





**Dr. Joseph E. Eiswert D.M.D.**Temple University Graduate,
USAF Captain
Family Dentistry





# Family Dentistry, Implants & Orthodontics

Each one of our patients is unique... with unique needs and concerns. We offer all of the services you would expect and need from a competent dental office. If you have any questions about any of the services below, please give us a call.

•PREVENTATIVE CARE
•DIGITAL X-RAYS
•COSMETIC DENTISTRY
•MINI DENTAL IMPLANTS
•LUMINEERS ®
•PORCELAIN VENEERS
•DENTAL CROWNS/BRIDGES
•ZOOM TEETH WHITENING

•COSMETIC DENTISTRY
•INVISIBLE BRACES BY INVISALIGN +
CLEAR CORRECT
•ENDODONTICS/ROOT CANAL
•VIZILITE PLUS ®
•RESTORATIVE DENTISTRY

•REPLACEMENT FILLINGS •ORTHODONTICS •IMPLANTS •CHILDREN AND INFANT CARE •SEALANTS •PRIMARY TMJ TREATMENT •FILLINGS, ROOT CANALS •SPORTS DENTISTRY •PERIODONTAL/GUM **DISEASE** •SMILE ENHANCEMENT •ORAL SURGERY •DENTURES/PARTIALS •EXTRACTIONS/WISDOM TEETH •TRAUMA •PLAYSAFE® •MOUTH GUARDS BONE GRAFTS



Financing Available
Most Insurance Accepted
Always Accepting
New Patients

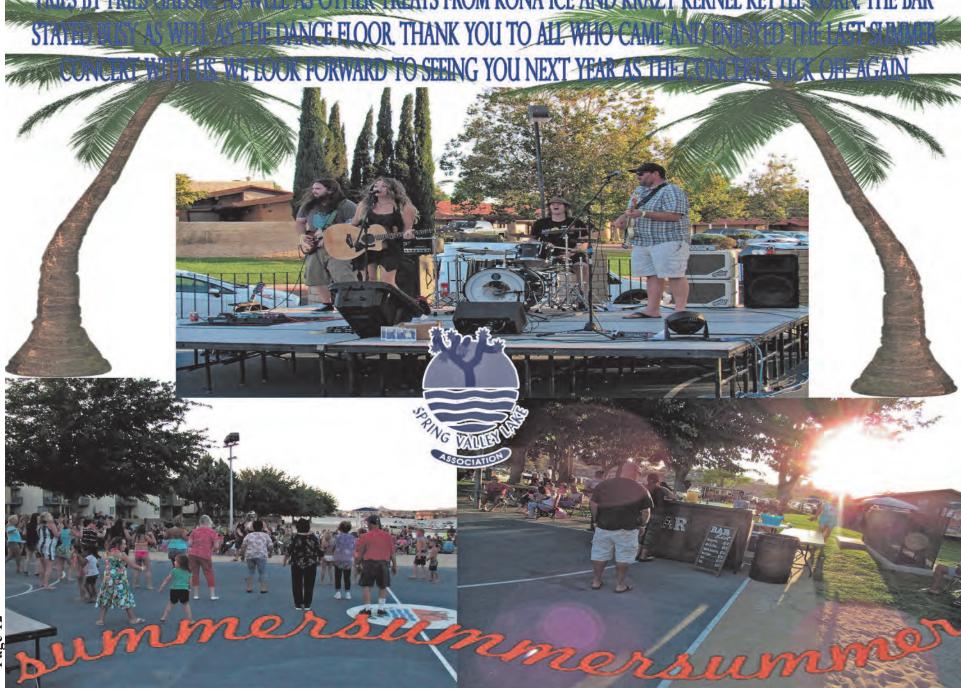
Silver Lakes
27170 Lakeview Dr., Ste 203
Helendale, CA
245-5704

Apple Valley
19063 Hwy 18, Suite 102
Apple Valley, CA
242-7800

After Hours Emergency, Contact Dr. Eiswert via mobile # 760-954-7012

# August 11, 2017

OUR LAST CONCERT OF THE SUMMER WAS ON AUGUST 11, 2017. IT WAS A PACKED HOUSE AND A WONDERFUL WAY TO CLOSE THE SERIES. WE ENJOYED A WONDERFUL PERFORMANCE BY TIA & THE TROUBLE AND ENJOYED DELICIOUS FRIES BY THE SERIES AS WELL AS OTHER TREATS FROM KONA ICE AND KRAZY KERNEL KETTLE KONTA THE BAR





By Jeri Lawrence/Committee Chairperson

The Community Plan Committee has been very busy this budget year updating the SVL Community Building and the park amenities at Meadowlark Park. We are also making plans to have a fall cleanup event such as was held a few years ago. We are talking with staff about making this a bi-yearly project for our property owners to get involved in. So if you miss the Spring Cleanup, you can make the Fall Cleanup. Look for flyers and other reminders throughout the community plus online via social media

or the SVLA website and plan to help out.

We have just approved the assignment application for a new member to the Planning Committee, Bill Walters. Welcome, Bill.

With other thoughts and ideas on the table, we are a working committee with your property values in mind. I read a motto the other day that could fit for our committee: "Your Passion. Our Purpose". But it's already taken. Stay tuned.





All carp must be caught the same day, first, second and third place prizes for heaviest carp for each catagory (12yr. and under, over 12yr) plus first place for most caught. In the event of a tie the length will be the deciding factor. This is sponsered by SLVA and the Board of Directors.

Customers are allowed five (5) large items to be picked up from their residence.

- -No 1 item may be over 110 pounds
- -Items must be curbside or where your normal trash receptacles are located no later than 6:00 am on the day of pickup NO EXCEPTIONS!
- -E-Waste items such as TV's, computers and monitors may also be picked up if they are properly packagedin boxes or appropriately wrapped to elimate possible breakgae during transportation.
- -Hazardous materials (paint, tires, oil, antifreeze, batteries) are not acceptable items.
- Please have your bulky items out for pickup on the day of your trash service during the following



# HIGH SCHOOLARTS GRADES 7-12

EXTENDED ENROLLMENT THROUGH OCTOBER 7TH THROUGH 12TH GRADE



INTEREST MEETINGS HELD WEDNESDAY NIGHTS AT 5 PM 16955 LEMON STREET, HESPERIA

Encore is a school where students are trained to realize their diverse potential both academically and artistically. World class education in a variety of arts conservatories is mixed with top-rate academics in this tuition-free, public school. From pre-med to performance, Encore supports students success.

ENCOREHIGH SCHOOL.COM

# CODE ENFORCEMENT

The last big holiday of summer has just passed and now we settle down and wait for the major holidays to come. I hope everyone had a great Labor Day full of great food and fun. It's really scary to think that three of the biggest holidays are just around the

corner. Where in world has this year gone????? Time just seems to stop for no one, and so many are caught up in floods and fires. We pray for all those affected by Mother Nature and her out pouring over the last few months.

Now all the kids are back in school; and moms become shuttle drivers....taking children to school, games, dances, classes, practice, rehearsals, bus stops, or whatever is needed.

It just seems to be non-stop, and the weekend is no better because that's when the sports games are played!

Speaking of summer being over... It's time to pull all those boats and recreational toys out of your driveways. Memorial Day was the cut off for the allowance of boats, boat trailers, etc. in the driveway. We have already begun to issue Courtesy Notices on boats parked or left in driveways. Please make other arrangements for them. Thank you

for your cooperation.

Soon the weather will begin to cool down, and the trees will shed their leaves and fall will be here before we know it. After the triple digits we've had the past few weeks, cooler weather is very welcomed. Our grass and plants will be looking for the cooler temps also.

Some of you may not know that the Governor of California has lifted the ban on water restrictions. You may now water whenever you want and how much as you want. We are beginning to issue Courtesy Notices on yellow, brown, and dead lawns. If you have a dead or yellow lawn, please start giving them some TLC to bring them back to life. We expect your lawns to be mowed, edged and well groomed.

Code Enforcement is now issuing Yellow Door Hanger Tags for a few simple reminders like...Trash Cans visible, House Numbers, Parking issues, Weeds and etc. We will inspect the violation in 72 hours. If the violation has not been cleared, then we will issue a Courtesy Notice at that time. We are attempting to make better contact with the homeowner, and get violations and issues cleared up. Enhancing the value of your property is a priority.

The new Architectural Guidelines are out, and we encourage you to go on line or come into the office for a copy of them. We will be following the new rules to the letter and there

will be no exceptions. Please become very familiar with the "HOW TO" Guidelines.

We hope everyone has a good month and stays safe. Yom Kippur begins at Sundown on the 29th.

~ YOUR CODE ENFORCEMENT TEAM





#### Winning Fitness- 150>150

by George Mangum, Director of Fitness

I know, I know. You're thinking that 150>150 is that new Common Core Math stuff our kids are facing in school or that ridiculous Stats class you took in college, but it's not. It's actually a solution to one of our healthcare issues in America, the cost of prescription meds (PM's). We see it all over the news, people complaining that PM's cost too much, sometimes as much as \$150 per prescription, which, of course, is too much. But, nothing changes, just the costs. Yet, there is a solution to paying far less or nothing at all for these prescriptions; it's called fitness. Did you know that 150 minutes per week of fitness is like a "miracle cure?" It is. Every reputable research study has found that, if we just get out there and just "get after it," our new fitness levels will ne-

gate much of the stuff we're paying so much for in terms of prescriptions. Routinely, at Heritage, we hear people all of the time, tell us about all of the money they're saving because they are now "spending" 150 minutes per week on lifting, sweating, grunting, and laughing, rather than "spending" \$150 per prescription. Many of the ailments and maladies we suffer from can easily be "cured" through fitness, and save us from relying on that "whatever-it-is-chemical" we're putting in our bodies. I am not against prescriptions by any means. But, I am for fitness more than I am for prescriptions. So, the numbers are truly correct. In the case of fitness vs. prescriptions, 150>150. 150 minutes of fitness will beneFIT you more than \$150 in prescription costs almost every time.





### The SVL Veterans Club

(a 501(c)3 organization)

You are invited to join us for our next meeting
(Note change to 4th Wednesday of the month)

Wednesday, September 27, 2017, at 6:00 p.m.

SVLA Community Center located at

12975 Rolling Ridge Drive

Spring Valley Lake, California 92395

You can email us at svlveterans@gmail.com
or find us on Facebook
SVL Veterans Club





The August event – Hot August Nights Casino - was hosted by the SVL Lyons Club. Our club member, Don Nelson, worked out the details. Don and Venus have been long time Lyons Club members and are prominent in the planning and work for the Texas Hold'em events here in SVL. All the tables and dealers were provided by the Lyons Club. This was our first ever casino event and we hope many of you will continue to attend and support, what could become, an annual club affair.

#### **GOLF TOURNAMENT RESULTS**

Even with the extremely hot day, the tournament went off without a hitch. We played our usual format, which produced some really great scores. The 1st Low Gross score of 60 (!!) was won by Lonnie & Marcia Keeter and Mel & Debbie Wolf. Rick & Tig Sutton and Archie Santos and Od Stoner made up the team that took 2nd Low Gross with a 62.

Mike Christie, tournament chair, who did a fine job, paid three Low Net places and those went to Robert, Judy & Joe Eaton and Eileen Bender with their (show off) score of 55. The team of Don Nelson, Florine Chester, Dave

Story and photo by Jeri Lawrence

Dorman and Vicky Glaze won 2nd Low Net with just one point difference for a 56. And coming in third Low Net was the team of Jim & Judie LaDow, Chester & Sylvia Norys and Mark Sedam with their 58.

For holes three and eighteen, prizes were given for closest to the pin and longest putts. Mark Sedam won closest on #3 and Joe Eaton took closest on #18. The longest putt on #3 went to Sandi Conroy. Vicki Glaze sunk the longest putt on #18. Congrats to all the winners in all categories!

If you didn't attend the awards "pizza and beer" party, tsk,tsk. The pizza and salad was delicious and the beer was ever so cold. Sandy Dorman, Joyce Enyart, Judy Eaton and Rose McAuley did another fantastic job from the Kona Kitchen.

#### LOOKING AHEAD

Mike has been saying this for a few months now, we need a Board for 2018. The most important thing that the President has to do is set the calendar for the year to reserve Meadowlark Hall for our events. This is done in September of each year in the Association Office. The current

President will handle that for the incoming Board. Our club bylaws go into detail on the duties of each board member. If you are interested, I will gladly send you those bylaws. No one wants to see our club go away, so please, think about taking a position. Let Mike Conroy know ASAP and let's keep our club going.

#### ABOUT OUR MEMBERS

We lost a very long time member this month, Betty Jackson. We miss her already. If you have a report on our members or even past members, please notify Robert Eaton so he can pass along that information. Tom Eide had a knee replacement this month. Mary and Ray Beauchamp have been dealing with some medical issues. Jean Devine is healing from a broken hip. We wish all our members who are struggling with health issues, a speedy recovery. Until Next Time...

"Some questions have no answer. A difficult lesson to learn"



**SANYTIME**FITNESS.

JOIN FOR

**510** down

ANYTINE FITNESS



Always open



Friendly staff



Tanning



Try us free

\*SPECIAL RATES FOR THE NEXT 50 SVL RESIDENTS\*

760.240.9933 | 13692 Apple Valley Rd | Apple Valley CA

#### Robert 'Bob' Teran

January 2, 1947 - August 30, 2017

Story and Photo Courtesy of Mary Teran



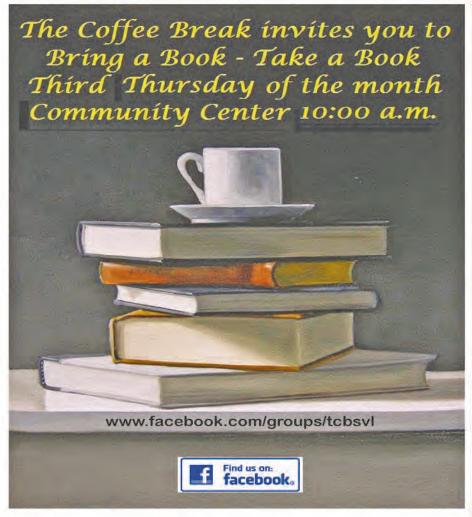
With heavy hearts, we announce the untimely passing of SVL member, Bob Teran. He fought valiantly against complications related to an aggressive form of leukemia, and passed away peacefully, surrounded by the family he supported so unconditionally. He is survived and dearly missed by his four children, two grandchildren, three siblings, numerous nieces, nephews, cousins, and his beloved wife, Mary.

Born in San Pedro, Bob completed his college Mechanical Engineering degree at Cal State Long Beach, leading to his three-decade long career with Southern California Edison, retiring in January of 2011.

A devoted family man, Bob coached the local Junior All American football league for several years. Here he met another single parent and future wife, Mary Smith. They shared 28 years of marriage raising their sons Daniel and Stephen, being involved in their communities; the equestrian community in particular. Bob and Mary resided in the Equestrian Estates of Spring Valley Lake since 2008. He was a proud member of the Spring Valley Lake's Yacht Club and Rods and Relics' Car

Club, where he enjoyed showing his 1957 Porsche Speedster. Bob was a driving force in the re-writing of the Spring Valley Lake Architectural Guidelines published in 2017.

While a car enthusiast, deep-sea fisherman, and horseman, his greatest love of all was his family and community. His impact on both is immeasurable; his deep-dimpled grin and understated wit will be remembered by all who knew him. May he rest in peace in the arms of the Lord, where he now joins his Mother and Father, Antonia and Louis Teran.





# Halloween

Q(TQBER 31, 2017

5 DO PM - 7 DO PM COMMUNITY CENTER- 12975 ROLLING RIBGE BR.

FREE FOR CHILDREN 10 AND UNDER

ALL OTHERS \$1.00 FREE HOT BOSS & PUNCH



ALL CHILDREN MUST BE ACCOMPANIED BY AN ABULT WITH AN SVL MEMBER CARB

We have Social, Tennis and Golf Memberships available. Only \$60 gets you into any category of membership!

Join today & start using today!

Call now!



## Spring Valley Lake Country Club offers championship golf, incredible amenities, family fun and much more!

Members will enjoy:

- 18 holes of championship golf
- PGA golf professional and USPTA tennis instruction
- · Four lighted Har-Tru tennis courts
- Complimentary golf and tennis clinics
- Fitness center with cardio machines, free weights and more
- Heated junior Olympic-sized pool with beginning and advanced swimming programs available year round

- Delicious, handcrafted cuisine in a casual setting
- Family-friendly social events
- Jr. golf camp, summer kid's camp and childcare available
- 50% off a la carte dining plus access to Club-Corp's nationwide Network through O.N.E.
   (Optimal Network Experiences) program

Contact Membership to schedule your tour today!

(760) 245-5356 ext. 247

13229 Spring Valley Parkway | Victorville | CA | 92395

Get connected with us on Social Media:

Join our Text Messaging Program by texting "JOIN" to 760-523-8771. OR follow us on the following sites:



@\_SpringValley\_



@SpringValleylakeCoutryClub

EXPRESS 24/7

# **PLUMBERS**

www.number1plumbers.com Lic#860890 · Bonded · Insured

*(760) 912-5000* 

Local • Fast • Affordable **Plumbing and Repairs** 

Call or TEXT for appointments & pricing **FREE ESTIMATES** 



Missing Your Stevarino In The Morning?

He's Not Gone - He Just Moved

You Can Now Listen To

# The Wake Up Show



Stevarino



On All Digital Radio

### Rte66Radio.com

Playing The Best Of The 50's, 60's With A Touch Of 70's Daily 6:00 - 8:00 AM Available On Your PC, Mac, ipad, iphone and all Android Devices



PHONE: (760) 240-5228

CHIEF VETERINARIAN DR. JAIME VELASCO ~ OVER 35 YEARS OF EXPERIENCE

We are a full service animal hospital & offer the following services:

- Puppy & Kitten Wellness Programs
- Laser Therapy Digital Radiographs
- Digital Dental Radiographs
   Ultrasound
  - Spay Neuter Dental Cleaning • TPLO Surgeries

We provide our clients experienced care with a gentle touch.

#### Hours:

Monday - Friday -7:30am-6pm Saturday - 8am-4pm Sunday - Closed

We offer low cost. vaccine clinics: Thursday from 2-4pm & Saturday from 9-12pm Rabies are only \$8.00



\$20 OFF EXAM OR 20% OFF

**Dental Cleaning Packages Bear Valley Animal Hospital** 

Expires: 11/01/2017

~Grooming Available ~ 760-240-7828

#### THE COFFEE BREAK, an SVL CLUB

By Simone Graham, reporter High Desert Gazette

Come to The Coffee Break and brew a cup of Keurig coffee (or tea), sample some coffee cake and cookies (often baked by the members themselves), and pick up a book or two from the lending library table members organize once a month. Spring Valley Lake Association homeowners and renters are both welcome to attend. How did all this begin?



A few years ago, Lisa Verhagen, Communications Committee
Secretary, and her husband, Dennis, Chairperson of The Communications Committee started the group (originally known as Coffee and Conversation) to create a communication avenue directly between SVLA staff and property owners and renters in Spring Valley Lake.

Lisa was inspired by the Victor Valley News Group's success and decided to start a Facebook page that enabled Association members and renters alike to reach out to each other as neighbors. The Spring Valley Lake Citizen's Group (also known as the SVLCG) launched in October 2014. Membership is open to residents and property owners in SVL. Members discuss Association issues, give recommendations for services and vendors, provide event announcements, list things for sale/things needed, report lost objects, warn others about accidents, road closures and police activity, and comment on neighborhood news.

The same month the SVLCG Facebook page began, Lisa and Dennis also announced the start of The Coffee Break, an SVLA official club. This was a replacement for the old Coffee and Conversation. Attendance has continued to grow and the club is thriving. The Coffee Break meets the third Thursday of every month at the Community Center at 10:00 am. Lisa is the founder and Dennis serves as the current chairperson and leads the meetings. Usually there is an agenda based on community issues and upcoming events. Dennis and Lisa extend an open invite to the SVLA board and Association management to attend.

They have also invited outside speakers to give talks updating the group on what is happening in the high desert, with special guests including our local water agency, CSA 64 representative Steve Samaras, who brings us up to date on plans from our local water district and Don Holland, assistant to Supervisor Lovingood, who drop in from time to time to hear concerns from the area and keep members of The Coffee Break informed about projects such as traffic studies on Yates Road and Ridgecrest and the Yucca Loma Bridge project. Lisa has combined community participation on SVLCG Facebook with her posts to The Coffee Break Facebook page and the local Breeze newspaper by saluting neighborhood participation.

Spring Valley Lake Citizen's Group and The Coffee Break have both raised community awareness and participation and have served as an example of what the community can accomplish when people work together. You can find both groups on Facebook. To read the article in its entirety, log on to http://www.highdesertgazette.com



# 5th Annual Charity Event Sept 23rd 2017

Location: East Beach

Registration: 11:30 am to Noon

Charitable Donation: \$10.00 (multiple entries allowed)

Prizes: \$100.00 Grand Prize & Trophies for Highest Hands



# SVL Membership Passes are Required



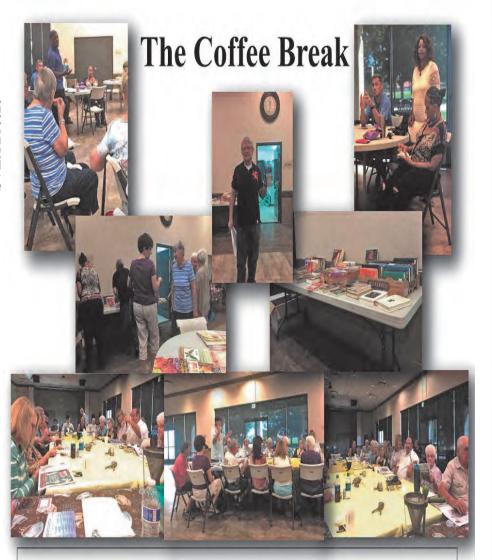
Activities: Monthly Meetings, Boat Cruises, Non-Powered Regatta's & Much More...



**SVL Yacht Club** 



commodore@svlyachtclub.org

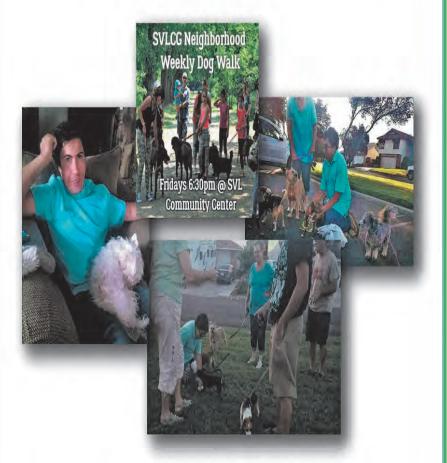


A good time was had by all at the August meeting!
We invite you to join us on the 3rd Thursday at
10:00 a.m. at the Community Center.
Bring a book to trade for our
Book Exchange and come enjoy
FREE Keurig coffee and tea
For more information, contact:
Dennis Verhagen at 760-243-2128

Search FACEBOOK www.facebook.com/groups/tcbsvl



## The Coffee Break Goes To The Dogs!



This month The Coffee Break salutes Wesley Garza. He had an idea and he's turned it into a reality. Wes volunteers at the Apple Valley Animal Shelter. His love of animals prompted him to start up a dog walking group that meets every Friday at 6:30 p.m. in front of the SVL Community Center. Join Wesley and his evergrowing group of dog walkers as they enjoy exploring our amazing community of Spring Valley Lake, CA!

Photos courtesy of Randy Bolin,, Jason Hoyle, and Gretchen Losi Find us on Facebook: https://www.facebook.com/groups/svlcg





#### Did your last annual physical include a hearing assessment?

Doctors recommend that individuals over the age of 50 have their hearing tested annually. Early detection can reduce the impact of hearing loss on your overall health.

Beltone is offering

### **FREE Hearing Consultations**

#### If you find yourself...

- Frequently asking people to repeat themselves
- Having trouble hearing in noisy places, like restaurants
- Turning the TV volume up too high for others in the room
  - Having difficulty with phone conversations

You may have a hearing loss. Only a hearing screening can tell you for sure.

#### Call 1-760-956-9780 for an appointment

At Beltone, you always get more: More benefits. More support. More guarantees.



#### **Beltone Hearing Aid Centers:**

17973 Bear Valley Road (Between I Ave & Peach) Hesperia

760-956-9780

9661 Base Line Road (Base Line & Archibald)

Rancho Cucamonga 909-944-9442

You Tune

#### beltone.com

Benefits of hearing instruments vary by type and degree of hearing loss, noise environment, accuracy of hearing evaluation and proper fit. Beltone Hearing Care Centers are independently owned and operated. Participation may vary by location. See individual centers for details. © 2016 Beltone.

Dr. Amy, a SVL resident, is your neighbor! Make a vet appointment with her at Anthony Animal Hospital 16284 Main Street, Hesperia On Main St Between 3rd and 5th Avenue COUPON

EXPERIENCED GROOMER 7
AVAILABLE 7

Puppy package \$105 Kitten package

**Vaccination** Discount Tuesday and 1-5pm on Fridays

Dental Clean \$75 Polish \$10-\$15

**SVL** clients **FREE EXAM** 

**Ask about Neuter &** Spay Package Specials Accept Popco + ALL Vouchers

> **Cat Declaw Special**

Special after emergency phone # (760) 900-3113

**HOURS: MON-FRI 8AM-6PM** SAT 9AM-3PM

> 10% off military & seniors

> > **Boarding Special:** Buy 7 days & get 8th day free.



#### ASSOCIATION OFFICE HOURS

#### CLOSED MONDAYS

OPEN TUESDAY THRU FRIDAY 7:30 A.M. - 6:00 P.M.

| 9/15  | Wine & Jazz Night        | 6pm     | MLH/<br>MLP |
|-------|--------------------------|---------|-------------|
| 9/19  | EE Committee Meeting     | 6pm     | EECH1       |
| 9/19  | Community Task Force     | 6:30pm  |             |
| 9/21  | Community Plan Committee | 4pm     | PR          |
| 9/23  | Carp Derby               | 10am    | EB          |
| 9/23  | Bluegrass Festival       | 12 Noon | MLH/<br>MLP |
| 9/25  | BOD Executive Session    | 6pm     | PR          |
| 9/26  | BOD Open Meeting         | 6pm     | MLH         |
| 9/28  | Architectural Committee  | 5:30pm  | PR          |
| 10/3  | Citation Committee       | 5:30pm  | PR          |
| 10/3  | SVL C.O.P.'s             | 5:30pm  | MLH         |
| 10/3  | Community Task Force     | 6:30pm  |             |
| 10/6  | Lions Club Poker         | 7PM     | MLH         |
| 10/7  | Hoedown                  | 5:30pm  | EECH1       |
| 10/11 | Lake Committee           | 9am     | PVR         |
| 10/12 | Architectural Committee  | 5:30pm  | MLH         |
| 10/14 | COMMUNITY CLEAN UP DAY   | 8am     | EB          |

Boat Test for Vessel Operator's Permit occurs Daily at 9am in CB4

| SVL Clubs                                       |  |
|---|--|
| CLUBS   | FACILITATOR+ CONTACT   |
| Amateur Radio Club - 1st TH, 7pm PVR            | George Ellison KK6EFY 818-585-5759,<br>george@4mailservice.com |
| Boy Scouts Troop 2226, 2nd, 3rd 4th M, 6pm, PVR | C.J. Cook 760-887-6200   |
| Cub Scout Pak 26 , 2nd, 3rd 4th M, 6pm, MLH     | Britt Imes 760-900-3897  |
| The Coffee Break Club-3rd TH, 10am-12pm MLH     | Dennis Verhagen 760-243-2128,<br>thecoffeebreak@earthlink.net  |
| Lions Club Poker - 1st F, 7pm MLH               | Don Nelson 760-964-7552  |
| Rods & Relics Club - 2nd SAT, 8am PR            | Don Sedam 760-955-6052   |
| BSA Venture Crew 257, TH 6:00pm, PVR            | Colby Hillers 760-900-6383                                     |
| Sewing Bee's - 1st & 4th W, 9:30am - 2pm PVR    | Virginia Granados 760-245-7801                                 |

Mike Conroy 760-962-1094

Gary Hunt 760-265-3349

Dean Von 760-927-2226

| <b>SVL</b> Recreationa | I Classes |  |
|------------------------|-----------|--|
| CLACC                  |           |  |

Social & Fishing Club - Varies, MLH

Yacht Club - 3rd TH, 6-8pm MLH

Veterans Club - 4th W, 6-7:30pm, PVR

| CLASS  | DAY   | TIME                          | LOC.        | Instructor                   |
|--|-------|-------------------------------|-------------|------------------------------|
| Bocceball / Horseshoes                           | M.W.F | 8 - 11am                      | MLP         | Raul Paz 760-245-6311        |
| Group Exercise<br>(Body Express)                 | M,W,F | 8 - 9am                       | MLH         | Jace Knisely 760-628-6416    |
| Archery Club                                     | T     | 2pm, 3pm, 4pm                 | PFP         | Bob Gierlich 760-243-6082    |
| Power Yoga                                       | T/W   | 6:30pm-7:30pm                 | PVR/<br>MLH | Jace Knisely 760-628-6416    |
| Line Dance<br>Beginner/Intermediate.             | М     | 9:10-10:10am<br>10:10-11:40am | MLH         | Su Kim 760-241-8823          |
| Line Dance Ultra Beg./<br>Beg./Easy Intermediate | T     | 8-9am, 9-10am<br>10-11:30am   | MLH         | Su Kim 760-241-8823          |
| Arthritis Exercise                               | T,TH  | 8 - 9am                       | PVR         | Dottie Schiller 760-243-4697 |

|        |     |    | itt | ees |
|--------|-----|----|-----|-----|
| <br>4. | 421 | 10 |     | _   |

| COMMITTEES                   | COMMITTEE CHAIR | MONTHLY                        | TIME/LOCATION    |
|------------------------------|-----------------|--------------------------------|------------------|
| Citation Committee           | Don Nelson      | 1st Tuesday                    | 5:30pm PR        |
| Community Task Force         | Rory Shannon    | 1st Tuesday &<br>3rd Tuesday   | 6:30pm<br>6:30pm |
| Equestrian Estates Committee | Jennifer Smith  | 3rd Tuesday<br>Every other Mth | 6pm EECH1        |
| Lake Committee               | Pete Lawson     | 2nd Wednesday                  | 9am PVR          |
| Communication Committee      | TBD             | TBD                            | TBD              |
| Architectural Committee      | Bob Teran       | 2nd & 4th Thurs.               | 5:30/3pm PR      |
| Community Plan Committee     | Jeri Lawrence   | 3rd Thurs                      | 6:30pm PR        |

#### **Key for Locations**

| Abbreviation          | Name/Location of Facility  |
|-----------------------|--|
| MLH - Meadowlark Hall | Community Building 12975 Rolling Ridge Drive (Great Room)            |
| PR - Palm Room        | Community Building 12975 Rolling Ridge Drive (Small Room)            |
| PVR - Parkview Room   | Community Building 12975 Rolling Ridge Drive (Conference Room)       |
| EECH1                 | Equestrian Estates Clubhouse, 12660 Indian River Drive, Apple Valley |
| MLP                   | Meadow Lark Park, 12975 Rolling Ridge Drive                          |
| WB                    | West Beach, 13230 Country Club Drive                                 |
| EB                    | East Beach, 13244 Country Club Drive                                 |

## YOUR AD BELONGS IN THE



RIGHT HERE!

CALL 760-220-7096

OR EMAIL:

LoveMediaGroup@yahoo.com

# The Family Luau was a huge success on August 19, 2017. We had a packed house with

The Family Luau was a huge success on August 19, 2017. We had a packed house with 220 reservations and a night full of entertainment. The evening started out with a fantastic performance by Daze of Blue and was followed up by a delicious catered meal by Unique Gourmet Rotisserie, which consisted of a whole roasted pig, chicken, rice pilaf, salad and cole slaw. After dinner everyone was graced with a fantastic performace by our hula dancers from Infinite Imaginations which also included a fire dancer. Everyone also had the opportunity to have their photos taken in the photobooth, play some games of corn hole, jump in the bounce house and have their faces painted. We are very excited to make this an annual event and we thank everyone who came out and enjoyed the fun with us!



# BUSINESS IN VIEW

Your business card could be here! Call 760-220-7096



#### VICTORIA P. HERRICK

Attorney at Law

Office: (760) 946-2233 • Fax: (760) 946-2277 16209 Kamana Rd., Suite 101 • Apple Valley, CA 92307 vherrick@archangeltrust.com • www.archangeltrust.com



#### **BECKY JORDAN**

Owner of Applause Natural Tattoo Removal

IN BUSINESS SINCE 1971 IN HIGH DESERT!

- •Facials Derma Pen
- •Medical Scar Treatment
  - Permanent Makeup
    - Microblading
    - Powder Brows
      - Eveliner
    - Smoky Lash **Enhancement**

Male and Female **Beauty is Permanent** Call Today! 760-954-0976



## BAKER INSURANCE SERVICE



- MEDICARE - LIFE

- HEALTH - ANNUITIES

13312 Ranchero Rd. Ste. 18 PMB 146 Oak Hills, CA 92344

Office (760) 475-0134

Cell (951) 722-9404 Fax (760) 662-5663

Email lbakerinsurance@gmail.com www.bakerinsuranceservice.com



Bonnie Viola-Hughes | Loan Originator NMLS# 256537

15040 Seventh Street | Victorville, CA | 92395 Office 760.493.8451 | Cell 760.962.6076 | Fax 760.493.8452 Bonnie. Viola Hughes @ Gateway Loan.com | www. Gateway Loan.com / bonnie - viola hughes





Frequency: Weekly (Every Thursday) Time: 8:30 - 9:30 AM

Location: Panera Bread 11838 Amargosa,

**Victorville** 

**President: Dorcas Walker** See you there!

Go to: www.cbp316.com to register for the next meeting and for more details.



**Postal Customer** 

PRST STD US POSTAGE PAID Victorville, CA PERMIT 5683

ADS 760-220-7096

# Welcome to Our Community

## Samir Nayyar, M.D. Orthopaedic Surgeon

Dr. Samir Nayyar was born in New York and moved to Apple Valley, CA soon after. He attended Granite Hills High School in Apple Valley prior to University at Buffalo for his studies where he received the SUNY Chancellors award and the Excellence in Pediatric Orthopedic Surgery award. During his time at University of Buffalo and NYU Langone Medical Center/ Hospital for Joint Disease, he gained experience in joint reconstruction and replacement training under the world's most prestigious orthopedic surgeons. Dr. Nayyar utilizes innovative techniques that lessen postoperative pain and blood loss. He takes pride in his ability to help his patients regain function and mobility and is excited to bring the most innovative surgical techniques back home to the High Desert.



Now Accepting New Patients and All Health Plans

13010 Hesperia Rd. Suite 600 Victorville, CA 92395 760-552-8585

Sports Medicine and Orthopaedic Institute

